# **UNICITY** BIOS 7



Bios 7 is Unicity's premier metabolic health product for people that live in a glucose-infused world. Bios 7 inherited all the benefits of Bios Life S, plus additional ingredients that support a healthy microbiome. Bios 7 combines the power of our newly patented fiber matrix with other important nutrients that when taken consistently and correctly, promote overall wellness and serve as daily nutritional insurance.

#### **BENEFITS**

Promotes the growth of beneficial intestinal bacteria to support a healthy digestive tract\*

Encourages post-prandial blood glucose level and insulin response\*

Helps maintain healthy cholesterol levels\*

Supports healthy plasma cholesterol levels\*

Promotes satiety\*

Supports healthy blood lipid levels\*

Encourages slow digestion\*

A natural source of soluble fiber, beta glucans, and antioxidants

Promotes cardiovascular health\*

Contains vitamins that provide protection from free radicals\*

#### SUGGESTED USE

For best results take twice daily, 10 to 15 minutes before your largest meals. Mix each packet with 8oz - 10oz of water milk or comparable beverage. Mix vigorously in a shaker cup. Drink immediatley.

May be taken at any time with or without food.

For the best results, limit your carbs and stick to the 4-4-12 rule. The 4-4-12 rule spaces your meals and allows for fat-burning intervals in between.

#### **AUDIENCE**

Primary Target: Current Bios Life customers and those looking for glucose management support.

Secondary Target: Individuals looking to maintain their overall health.

## SUPPLEMENT FACTS

Amount Per Packet	% Daily Value	
Calories	30	
Total Carbohydrates	8 g	3%
Dietary Fiber	4 g	149
Vitamin A (as Beta-Carotene)	46 mcg RAE	59
Vitamin C (as Ascorbic Acid)	38 mg	429
Vitamin E (as d-alpha Tocopheryl Acetate	) 5 mg	339
Thiamin (as Thiamin HCI)	0.8 mg	679
Riboflavin	0.7 mg	549
Niacin (as Niacinamide)	10 mg	639
Vitamin B6 (as Pyridoxine HCI)	0.8 mg	479
Folate (as Folic Acid)	230 mcg DFE	589
Vitamin B12 (as Cyanocobalamin)	1 mcg	429
Biotin	29 mcg	979
Calcium (as Calcium Carbonate)	125 mg	109
Zinc (as Zinc Gluconate)	4 mg	369
Proprietary Fiber Blend	4,869 mg	
Fructooligosaccharides		
Guar Gum		
Gum Arabic Locust Bean Gum		
Citrus Pectin		
Oat Fiber		
Proprietary Polyphenols Blend	373 mg	
Yeast (Saccharomyces cerevisiae)	270 mg	
Apple (Fruit) Extract		
Pomegranate (Peel) Extract		

\*Percent Daily Values are based on a 2,000 calorie diet. \*Percent Daily Value is not established.

### **OTHER INGREDIENTS**

Maltodextrin, Natural & Artificial Flavors, Citric Acid, Orange Juice Powder, Stevia, Xanthan Gum.